

Health Check (Intellectual Disability)

Use of a specific form to record the results of the health assessment is not mandatory but the health assessment should cover the matters listed below. The first 2 pages of this form can be used as a report of the health assessment. This check list must be read in conjunction with the explanatory notes for time-based items 701, 703, 705 or 707 (as set out in the Medicare Benefits Schedule).

ITEM NUMBER:

701 (<30min) 703 (30-45 min) 705 (45-60min) 707 (>60min)

Patient's Name: Mr Donald Duck

Gender: Male DOB: 10 Sep 1900: Age: 28y

Contact Details:

Address:

20 Street
Nunawading
3131
VIC

Email: dduck@mail.com

Mobile:

Phone: 98962000005

Medicare or Private Health Insurance Details:

Medicare Card No: 3416 00000 2

Healthcare Card No: 223344565789

Details of Patient's Carer:

Name:

Relationship:

Contact Details:

Consent - Patient and/or Carer

Explanation of health assessment given:

Yes

Patient consent for health assessment given

Yes

Date consent was given:

Consent given for information to be collected by:

Nurse Yes No

Other health professional Yes No

- please specify:

Previous health check - Has the patient had a previous health assessment? Yes No

Date of last health assessment
(if known):

Service provided by
Dr.:

PATIENT'S OVERALL HEALTH STATUS

Comment:

HEALTH ISSUES IDENTIFIED AND DISCUSSED WITH PATIENT AND/OR CARER

Comment:

TESTS UNDERTAKEN, RESULTS AND WHAT THEY MEAN (some results may not yet be available)

Note: The assessment should not include diagnostic or pathology services unless the health assessment detects issues that require clinically relevant diagnostic imaging or pathology services.

Test	Available results and what they mean

RECOMMENDED INTERVENTION ACTION

Comment:

ACTION TO BE TAKEN BY PATIENT AND/OR CARER

Comment :

Next appointment with doctor: Date:

Next Health Assessment: Date:

GP Name: System Administrator

GP's signature: Date:

PATIENT HISTORY

Paediatrician	
Government-provided or funded disability service	
Previous presentations	
Family relationships	
Care arrangements	

Current problems	Current risk factors

ALLERGIES / DRUG INTOLERANCE

20 Aug 2010 - Alcohol

09 Mar 2011 - Allergen extracts - Patient is allergic to dust and pollen

Comment:

HEALTH ASSESSMENT as relevant to the patient (mandatory from this point forward).

Check dental health (including dentition)

Identified health issues	Action

Conduct aural examination (arrange formal audiometry every 5 years)

Identified health issues	Action

Assess ocular health (arrange ophthalmologist / optometrist review every 5 years)

Identified health issues	Action

Assess nutritional status and review growth and development **weight:** **height:**

Identified health issues	Action

Assess bowel and bladder function (particularly for incontinence and chronic constipation)

Identified health issues	Action

Assess medications (including non-prescription medicines taken by the patient, prescriptions from other doctors, medications prescribed but not taken, interactions, side effects and review of indications).

Identified health issues	Action

Check immunisation status (refer to the current Australian Standard Vaccination Schedule [NHMRC] for appropriate vaccination schedules).

Influenza

Measles

Tetanus

Mumps

Hepatitis A

Hepatitis B

Rubella (MMR)

Pneumococcal

Identified health issues	Action

Check exercise opportunities (aim for at least 30 minutes of moderate exercise per day)

Identified health issues	Action

Check and review support provided for activities of daily living

Identified health issues	Action

Consider the need for breast examination, mammography, Papanicolaou smears, testicular examination, lipid measurement and prostate assessment

Identified health issues	Action

Check for dysphagia and gastro-oesophageal disease, especially for patients with cerebral palsy, and arrange investigation/treatment as required.

Identified health issues	Action

Assess risk factors for osteoporosis and arrange investigation/treatment as required.

Identified health issues	Action

For patients diagnosed with epilepsy, review seizure control (including anticonvulsant drugs) and refer to neurologist as appropriate.

Identified health issues	Action

Screen for thyroid disease at least every two years (or yearly for patients with Down syndrome)

Identified health issues	Action

For patients without a definitive aetiological diagnosis, consider referral to a genetic clinic every 5 years.

Identified health issues	Action

Assess or review treatment for comorbid mental health issues.

Identified health issues	Action

Consider timing of puberty and management of sexual development, sexual activity and reproductive health.

Identified health issues	Action

Consider any signs of physical, psychological or sexual abuse.

Identified health issues	Action

HEALTH ASSESSMENT as relevant to the patient (Non-mandatory from this point forward).

The balance between the patient's health and physical, psychological and social function domains is a matter for professional judgement In relation to each patient. Practitioners should also consider the following:

Medical

- Consider follow-up consultations where required, eg. high blood pressure, likelihood of other health problems
- Assess pathology if continence problems are

evident Action

Physical function

- Consider the health impact of the patient's general skills levels and daily activities
- Consider the need for a referral for a formal review of activities of daily living.

Action

Psychological function

- Consider & investigate medical/ psychiatric causes where problems with cognition & skill decline are clinically suspected
- Consider depressions where there is change in weight sleep habit and escalation of behavioural problems
- Ensure there are systems in place to keep track of the patient's current behavioural status
- Consider psychiatric disorders when changes in behaviour are evident.

Action

Social function

- Assess suitability of the patient's accommodation setting to provide best physical & psychological health outcomes
- Consider issues that relate to the care provided by the patient's carer to meet the health related needs of the patient

Action

- Other examinations as considered necessary by GP

Examination	Identified health issues	Action

Involving the patient's carer or appropriate disability professionals

- Consider need for referrals such as accommodation, daily assistance, disability support services & psychologists.

Action