

**GP MANAGEMENT PLAN - MBS ITEM No 721 (CORONARY HEART DISEASE)**

**Patient's Name:** Mr Donald Duck

**Date of Birth:** 10 Sep 1900

**Patients Age:**28y

**Patient Gender:** Male

**Contact Details:**

**Address:**

20/ 35 Burnt Street

Nunawading

3131

VIC

**Email:** [dduck@mail.com](mailto:dduck@mail.com)

**Mobile:**

**Phone:** 9896290355

**Medicare or Private Health Insurance Details:**

**Medicare Card No:** 3416 00000 2

**Healthcare Card No:** 223344565789

**Details of Patient's Usual GP:**

**Name:**

**Provider No:**

**Email:**

**Phone:** 02 9690 8666

**Address:**

Lisa's Surgery

Level 1 83 Palmerston Crescent

Darlinghurst

NSW

2010

**Details of Patient's Carer (if applicable):**

**Name:**

**Relationship:**

**Contact Details:**

**Date of last Care Plan/GP Management Plan (if done):**

Comment:

**Other notes or comments relevant to the patient's management plan:**

Comment:

**PAST MEDICAL HISTORY**

Asthma - Patient is allergic to smoke and dust

Comment:

## FAMILY HISTORY

Abuse;drug(s) - Family history of drug abuse - xxx  
Addiction;smoking (tobacco) - A - xxx  
Smoking (tobacco) - Patient is addicted to smoking - xxx

Comment:

## MEDICATIONS

Salbutamol sulfate 100 mcg/1 dose 200 doses (Airomir Autohaler Inhaler) Use three times a week

Comment:

## ALLERGIES

20 Aug 2010 - Alcohol  
09 Mar 2011 - Allergen extracts - Patient is allergic to dust and pollen

Comment:

**Patient's Name:** Mr Rahul Dwivedi

<b>GP MANAGEMENT PLAN - MBS ITEM No 721 (Coronary Heart Disease CHD)</b> Applies to acute coronary syndromes, myocardial infarction, coronary angioplasty with/without stenting, and bypass surgery. Similar guideline for other vascular disease (peripheral and cerebrovascular)			
<b>Patient problems / needs / relevant conditions</b>	<b>Goals - changes to be achieved (if possible)</b>	<b>Required treatments and services including patient actions</b>	<b>Arrangements for treatments/services (when, who, and contact details)</b>
<b>1. General</b>			
Patient's understanding of coronary heart disease	Patient to have a clear understanding of coronary heart disease and the patient's role in managing the condition	Patient education	GP/nurse
Chest pain action plan	Develop action plan	GP and patient agree on written action plan on use of anti-anginals and when to ring the ambulance	GP Patient
<b>2. Lifestyle</b>			
Nutrition	Healthy eating pattern, low fat diet	Patient education	GP/nurse to advise Patient to implement

		OR As per Lifescrpts action plan	Dietician
Weight	Your target: BMI :: ____ Waist :: ____ cm Ideal: BMI :: 25 Men waist :: 94 cm Women waist :: 80 cm	Monitor Review 6 monthly  OR As per Lifescrpts action plan	Patient to monitor GP/nurse to review
Physical Activity	Your target:  Ideal: At least 30 minutes walking or equivalent 5 or more days per week	Patient exercise routine  OR As per Lifescrpts action plan	Patient to implement  GP/nurse to review
Smoking	Complete cessation	Smoking cessation strategy Consider -Quit -Medication  OR As per Lifescrpts action plan	Patient to manage GP/nurse to monitor
Alcohol	Your target: :: ____ standard drinks per day Ideal: :: 2 standard drinks per day (men) :: 1 standard drinks per day (women)	Reduce alcohol intake Patient education  OR As per Lifescrpts action plan	Patient to manage GP to monitor
<b>2. Biomedical</b>			
Cholesterol / Lipids	Your target: Cholesterol:: ____ mmols/L Triglycerides:: ____ mmol/L LDL-C:: ____ mmol/L HDL-C ζ ____ mmol/L Ideal: Cholesterol :: 4.0 mmols/L Triglycerides :: 2.0 mmol/L LDL-C :: 2.5 mmol/L HDL-C ζ 1.0 mmol/L	Annual check	GP
Blood pressure	Your target: < Ideal: < 140/90	Check every 6 months	GP / nurse
Diabetes	Your target: HbA1C :: ____% Fasting glucose :: ____ 2hr p  Ideal: HbA1C :: 7% Fasting glucose :: 6 2hr post prandial glucose :: 8	Patient education Review every 6 months	GP / nurse Diabetes educator
<b>3. Medication</b>			

Medication review	Correct use of medications, minimise side effects	Patient education Review medications	GP to review and provide education
Medication management	Use of antiplatelet agents	Aspirin (unless contraindicated)	GP to monitor
	Use of ACE inhibitors	Consider in all patients (angiotension II receptor antagonists if develop side effects)	GP to monitor
	Use of Beta-blockers	Consider in all post-acute coronary syndromes	GP to monitor
	Use of Statins	In all unless contraindicated	GP to monitor
	Use of Anticoagulants	Warfarin if high risk of thromboembolism post-myocardial infarction	GP to monitor
<b>4. Psychosocial</b>			
Depression	Manage depression	Assessment. Medication or cognitive behaviour therapy	GP to assess and initiate management
Social isolation	Reduce social isolation	Improve social support eg referral to support group	GP to advise and monitor

**Copy of GP Management Plan offered to patient?** Yes  No

Comment:

**Copy / relevant parts of the GP Management Plan supplied to other providers?** Yes  No

Comment:

**GP Management Plan added to the patient's records?** Yes  No

Comment:

**Date service was completed:**

**Proposed Review Date:**

<p><b>I have explained the steps and any costs involved, and the patient has agreed to proceed with the plan.</b> Yes <input type="checkbox"/></p> <p>GP's Signature: _____ Date: _____</p>

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